

Come one, come all. Bring your friends, relatives or friendly relatives. St. Luke's is hosting a health fair at Dawson High School on Aug 28 from 10 AM to 2 PM.

There will free cardiovascular risk assessment testing, including:

blood pressure,
glucose
cholesterol,
bone density
carotid Doppler
ankle/brachial index
body mass index
waist to hip ratio
12 lead ekg
echo.

Awareness is the first step to living a healthier life.

In conjunction with this the Dawson Football booster club will be having a live and silent auction, and activities for the kids. This will run from 9 AM to 3 PM.